



Barbara Fraser
Beneficiary

Barbara Fraser, Lakeland Community Centre, Belcoo, Enniskillen.

“I come to the ladies club on a Friday. I’ve met some lovely people. We’ve had some outings and we generally chat and we have people come in to talk to us, show us different things, different crafts and it’s really, really good. Good for the mind. I’ve been able to join in lots of activities while we’ve been learning all about the iPad.

Well the iPad to me is a really good piece of equipment because it’s very easy to use, even for dummies, you can find your way around. We had a really good teacher, Mark. How to set it up and to do the basic things. But other things - social media, radio, television and communication, which is really important. I’ve got two children who live abroad. One in Australia, one in Brazil and with the Whatsapp I can talk to them like I’m talking to you.

I learned more about security...passwords, you know, how to change passwords because we just tend to use the same password for everything. But Mark said you shouldn’t really.

I think it’s wonderful because you know I’m married and I’ve only retired about two years so I’m used to being with people and being busy. However, when you retire or if you haven’t got a partner or you’re on your own sometimes just going out by yourself can be a bit daunting. Whereas a centre like this you come here, there’s lots of people who are on their own. You meet people. You find different interests. You find interests that you think, “oh I’d probably never do something like that”.

When you’re older or when you’re retired...I always say I have six Saturdays and one Sunday. It doesn’t matter how old you are there’s things out there that we can still learn. We can still do and as long as you motivate yourself you can do anything.”

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